

Can you go
the extra
mile and



Outrun an Ambulance

A Norfolk running club complete challenge in under a month, raising over £1,000 for the East of England Ambulance Service Charity

Tom Morgan, Josh Hollebon, Tom Woods and Stuart Long from the Yare Valley Churches running club, completed the challenge, each running 92 miles in one month surpassing the mileage a Longwater ambulance covers on an average shift.

Tom Woods said: *"We have completed similar feats previously and were keen for something new. With Tom Morgan's wife working for EEASt, signing up to Outrun an Ambulance seemed the perfect way to embark upon our next challenge."*

"We set out to each run over 92 miles in February and, with a day to spare on Sunday 27th February, we had all completed this task. Finding the time in our busy working weeks and running a longer distance compared to what we usually do has proved a real challenge, particularly as we had to deal with a couple of injuries here and there."

"The finish was an extremely proud moment for all of us and we were all pleased to have exceeded our fundraising targets!"

www.outrunanambulance.co.uk
#icanoutrunanambulance

